

	The Curriculum Foundation Morecambe Project Framewo	ork of Standards - what's good for children
School experience for pupils		
Theme Wellbeing (physical & emotional)	 School helps me to feel happy School helps me to be healthy School helps me to understand that illness is a normal part of life and what I can do to better help myself I learn how to look after my body and mind School helps me to feel safe I know who I can talk to when I have a problem I have lots of opportunities to be active at school I have places where I can feel calm and relaxed at school I have times when I can feel calm and relaxed at school I am helped to feel positive about myself I am helped to feel positive about my learning I have a say in what happens in my school and I help to make decisions about what goes on I understand how my body changes as I grow into an adult and how this affects the way that I feel towards myself and towards other people. 	Children will appear relaxed and happy. They will use positive strategies to cope with difficulties and setbacks. Children will know about healthy lifestyle choices. Children learn that our bodies and minds exist in a constant state of flux and that this is normal. They will learn how to help manage low points or challenges by paying attention to what their body or mind needs and by caring for themselves in a kind and respectful way. Children will confidently explain what to do or who to talk to if there is a problem. Children will show kindness and compassion towards one another. Children will have opportunities to share their thinking with the SLT (through student councils or similar) and will be able to identify how their feedback has shaped life in school. Children will learn about how their bodies change from infancy to adulthood and how this affects emotional changes too.
Relationships & safeguarding	 I learn about being a good friend I learn about treating myself and other people with respect I am helped to value my body and mind and to keep myself safe I learn about healthy relationships 	Children learn about respect, self worth and consent as part of their understanding of healthy relationships. They will learn about 'uh oh' feelings and what to do if you don't feel safe. Children will be taught about the range of normality and of how we are each unique and special yet still have lots in common. Children will learn about support networks; identifying who to talk