



# Philosophy 4 Children

Thoughtful Conversations

Compassion. Freedom. Friendship. Gratitude. Journeys.

# How to use these materials

- **Dialogue Works** is a resource that stimulates conversation, dialogue and debate.
- **Philosophy 4 Children (P4C)** encourages enquiry-based learning. It offers a way to open up children's learning through enquiry and the exploration of ideas. Children learn that their ideas have value, and that the ideas of other children have value too.
  - Read through each section and think about the theme.
  - Consider 'Thinking Moves'. How are these applied to each theme?
    - Read the P4C prompts and think about how you could use these with a group of students.
  - Use the images and questions with groups of students. Take notice of how different students respond.

# This week's focus is compassion

*"Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."*

Dalai Lama



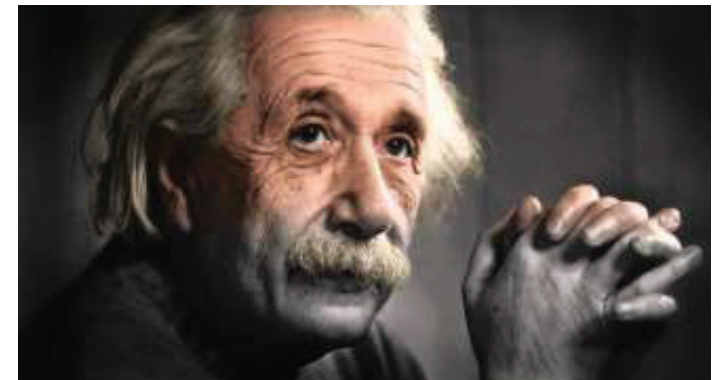
*"True compassion is more than flinging a coin to a beggar; it comes to see that an edifice which produces beggars needs restructuring."*

Martin Luther King



*"Our task must be to free ourselves ... by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty."*

Albert Einstein



For notes on compassion, empathy and sympathy, see the final slide in this pack

# Do you agree or disagree with these statements?

**Quote:** *"True compassion is more than flinging a coin to a beggar; it comes to see that an edifice which produces beggars needs restructuring."*



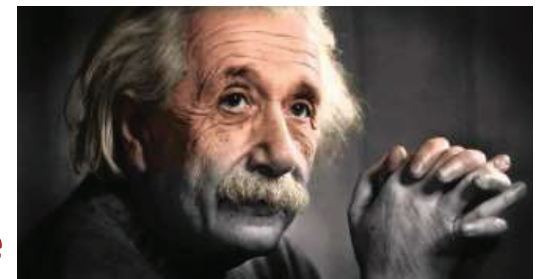
Statement: **It is not society that produces beggars; it is individuals**

**Quote:** *"Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."*



Statement: **Humanity will not survive unless everyone becomes more compassionate**

**Quote:** *"Our task must be to free ourselves ... by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty."*



Statement: **You cannot show compassion to the whole of nature**

# Thinking about compassion in HomeTalk

## Caring thinking

- How can feelings affect our thoughts?

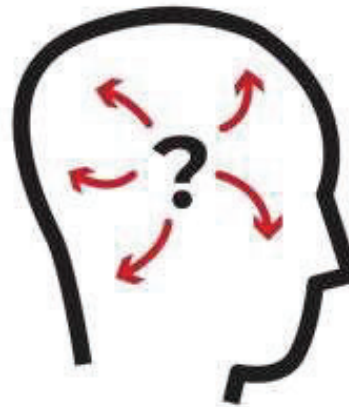


## Collaborative thinking

- Is all listening a sort of compassion?

## Creative thinking

- People say: 'Necessity is the mother of invention'. Does all creative thinking arise from some sort of need and suffering?



Thinking Moves

## Critical thinking

- How can our thoughts affect our feelings?

# Thinking Moves



## Think AHEAD

Whom might  
you show  
compassion to  
today?



## Think BACK

.. to a time when  
someone showed you  
extra compassion and  
kindness



## CONNECT

What does  
'compassion in  
farming' mean?



## DIVIDE

What is the  
difference  
between pain and  
suffering?



## LISTEN/LOOK

Look out for 3  
examples today of  
others showing  
compassion



## ZOOM (in/out)

What does  
'being kind'  
feel like?

How  
important  
is kindness?



# Notes on compassion, empathy, sympathy...

**COMPASSION** = *suffering* (Latin: *passio*) *with* (Latin: *com*)

or in modern English: ***‘sharing someone’s suffering – and wanting to take it away’***

**EMPATHY** = *feeling* (Greek: *pathos*) *in* (German: *ein*)

or: ***‘imagining what someone else is experiencing, including how they are feeling’***

**SYMPATHY** = *feeling* (Greek: *pathos*) *together* (Greek: *syn*)

or: ***‘fellow feeling, especially when someone else is in sorrow or trouble’***

N.B. People make various distinctions between these words, but some of them are rather forced.

**The root meanings of all three are essentially the same.**

Nevertheless, some reasonably sound distinctions, or different emphases, are:

- **COMPASSION** is always focussed on real suffering and can be thought of as a *‘deep’ feeling, or a general attitude*, often linked to *benevolence* (wishing others well) or *charity* (love).
- **EMPATHY** can be used for a *range* of negative feelings, e.g. sharing someone’s frustration and anger, but *also for positive ones*, e.g. sharing someone’s ambition or joy.  
It can be real and deep, but one can ‘empathise’ with fictional characters, and with people’s everyday experiences and feelings.
- **SYMPATHY** tends to be used when the feeling is not so deep; it can be more of a *recognition* than a ‘replay’ of emotions.  
But it can result in genuine, supportive *action*, e.g. when strikers *‘come out in sympathy’*.

# Quotes about freedom



**Jim Morrison**  
singer, songwriter, poet

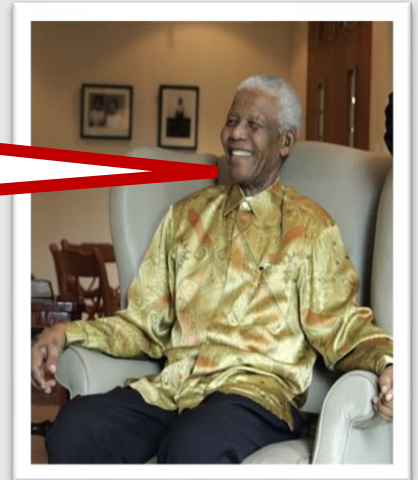
A friend is someone  
who gives you the  
total freedom to be  
yourself.

My father always  
said, 'Malala will  
be free as a bird'.



**Malala Yousafzai**  
Pakistani activist

For to be free is not  
merely to cast off one's  
chains, but to live in a way  
that respects and  
enhances the freedom of  
others.



**Nelson Mandela**  
former President of South Africa



# Thinking about freedom

## Caring thinking

Can you think of a way you give your friends freedom to be themselves?

## Collaborative thinking

How can people work together to remove some of the barriers to freedom some people have to overcome?



## Creative thinking

If freedom were a colour, what colour would it be and why?

## Critical thinking

Is freedom of speech a good thing? Should everyone be entitled to this even if they want to say damaging things?



What would you  
like to do with  
your free time this  
week?



Think **AHEAD**

Can you remember a time  
when you felt really free?



Think **BACK**

How are children  
free in the same way  
as adults?



**CONNECT**

How are children  
free in a different  
way to adults?



**DIVIDE**

Can you create a picture  
of freedom in your mind?  
What are the sounds of  
freedom?



**LISTEN/LOOK**



**ZOOM (in/out)**

Are all countries  
in the world free  
in the same  
ways?

Can you give an example of  
how the country where you  
live restricts or enables  
people's freedom in some  
way?

# This week's focus is friendship

"I have learned that to be with  
those I like is enough"

Walt Whitman - poet



"Walking with a friend in the  
dark is better than walking  
alone in the light"

Helen Keller – author



"Wishing to be friends is  
quick work, but friendship is  
a slow ripening fruit"

Aristotle - philosopher



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# Thinking about friendship in HomeTalk

## Caring thinking

- What tells you how a friend might be feeling about something?

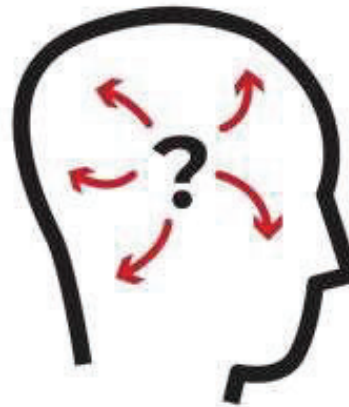


## Collaborative thinking

- What sort of things is it helpful to talk to your friends about?

## Creative thinking

- How many words can you come up with that link to friendship?



Thinking Moves

## Critical thinking

- When might it be right to tell a friend that you think they are doing the wrong thing?

# Thinking Moves



## Think AHEAD

What you can  
do with friends  
this term...



## Think BACK

About your  
earliest  
memories of  
friends...



## CONNECT

What likes and  
dislikes you  
share...



## DIVIDE

What things  
you see  
differently from  
a friend...



## LISTEN/LOOK

How your  
friends seem to  
be feeling  
today...



## ZOOM (in/out)

Things  
you like  
about  
friends...

Why  
friendship  
matters...

# HomeTalk discussion suggestions

## For age 10+ years

- The pictures on the next two slides are taken from two searches on Google images.
- The first search is on the word “friendship”.
- The second search is on the term “abstract art friendship”
- You may need to ZOOM in to see the detail of the individual pictures



## Talking Points

- What do you particularly notice about the two slides?
- If you had to pick just one image to represent friendship, which would it be, and why?
- What words CONNECT most closely in your mind with friendship?
- How would you explain what friendship means?
- Does it matter if we don't have many friends?
- How would you express friendship in a drawing or photo?



# Friendship



The 'Perfect Friendship,' According to ...  
forge.medium.com



Good Friends Are Good For Your Health ...  
npr.org



The Power of Friendshi...  
medium.com



Can Learn About Friendship In College...  
shethepeople.tv



Friendship Month (September, 2020 ...  
daysoftheyear.com



Quotes, Wishes and WhatsApp Message...  
mumbaimirror.indiatimes.com



Friendship Matters | Psychology Today ...  
psychologytoday.com



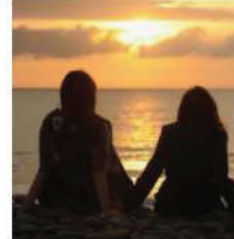
12 Examples of friendships between ...  
divingdaily.com



Friendship Day 2020: Quotes to share ...  
hindustantimes.com



SAP BrandVoice: International Day Of...  
forbes.com



Surprising Science Behind ...  
wsj.com



The Difference Between Shallow & Deep ...  
medium.com



How to Manifest Healthy Friendships ...  
dailylife.com



Importance of Friendship in Our Lives  
toistudent.timesofindia.indiatimes.com



Happy Friendship Day quotes| Friends...  
timesofindia.com



Happy friendship day ...  
pinterest.com



True friendship: a helping hand when...  
eveningnews.co.uk



good life. So why are we losing it ...  
dallasnews.com



45 Cute Best Friend Quotes...  
countryliving.com



Friendship is love: Cas...  
amazon.com



DOES FRIENDSHIP REQUIRE A SPECIFIC...  
theinnaturebox.com



Best Friend Quotes | True Friendsh...  
quotesphorum.com



# Abstract art friendship



Abstract Painting (16"x23") - rachel coles  
rachelcoles.co.uk · In stock



Abstract art  
pinterest.com



Abstract art, acrylic...  
pinterest.com



Abstract Painting On Unframed ...  
artfinder.com · In stock



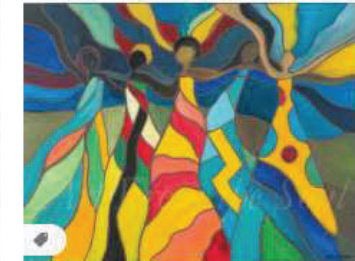
oil painting by Ashley B...  
ashwinstudio.co.uk



Friendship Painting by ...  
fineartamerica.com · In s...



Acrylic Painting By Ha...  
absolutearts.com · In sto...



No Borders-Abstract Friendship United ...  
etsy.com · In stock



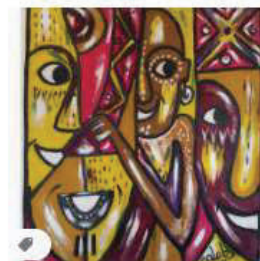
Abstract painting Painting by Rejee...  
fineartamerica.com · In stock



Friendship Painting by Mohame...  
artmajeur.com



Summer Friendship Abstract Men Painti...  
saatchiart.com · In stock



Friendship (Abstract) Painting | ...  
go-souvenirs-africa.myshopify.co...



Abstract art on photographic paper #68...  
osnatfineart.com · In stock



Painting by Angelo Nataraj Saka ...  
saatchiart.com · In stock



Pink Mauve Red Purple ...  
fineartamerica.com · In st...



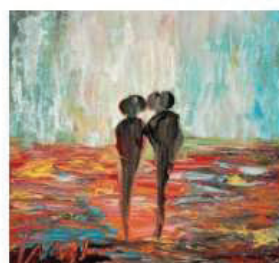
painting three friends friendship ...  
etsy.com · In stock



Artwork By Leonid Afremov Oil Painting ...  
paintingstar.com



Friendship Flower Abstract Painting by ...  
fineartamerica.com · In stock



Original abstract love paintings ...  
pictify.saatchigallery.com



Elephant Abstract Artwork Original ...  
trendgallery.art



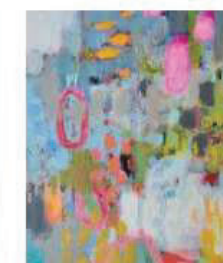
Painting at Lowest Price...  
gallerist.in



Friendship paintings...  
artranked.com




ABSTRACT - Friendship Art Print ...  
society6.com · In stock




Pin on betty krause  
pinterest.com

## Related searches

 abstract friendship artwork

 friend abstract friendship paintings

 true friendship abstract friendship art

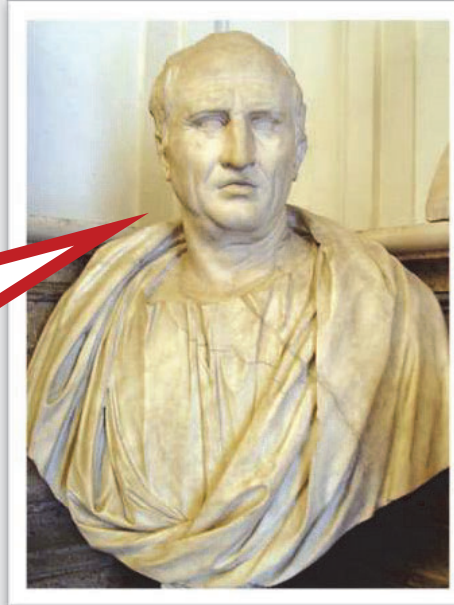


# This week's focus is gratitude



Rick Riordan  
author

But remember, boy,  
that a kind act can  
sometimes be as  
powerful as a sword.



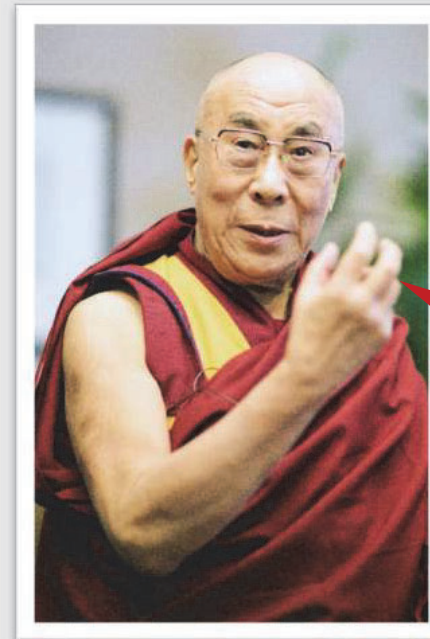
Marcus Tullius Cicero  
Roman scholar

Gratitude is not only  
the greatest of  
virtues, but the parent  
of all the others.

Stormy or sunny days,  
glorious or lonely  
nights, I maintain an  
attitude of gratitude.



Maya Angelou  
writer & activist



Tenzin Gyatso  
14th Dalai Lama

The roots of all  
goodness lie in the  
soil of appreciation  
for goodness.

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[Maya Angelou photo](#) from [Clinton Library](#), [Public domain](#), via Wikimedia Commons  
[Cicero photo](#) by [Glauc092](#), [CC BY-SA 3.0](#) via Wikimedia Commons  
[Dalai Lama photo](#) by [cmichel67](#), [CC BY-SA 4.0](#) via Wikimedia Commons  
Quotes from <https://www.goalcast.com/>, <https://www.brainyquote.com/>, <https://www.azquotes.com/>

# Thinking about gratitude

## Caring thinking

Does being grateful for the things people help us with, make them feel good?

## Collaborative thinking

Can you think of any organisations that help us to look after things we are grateful for?

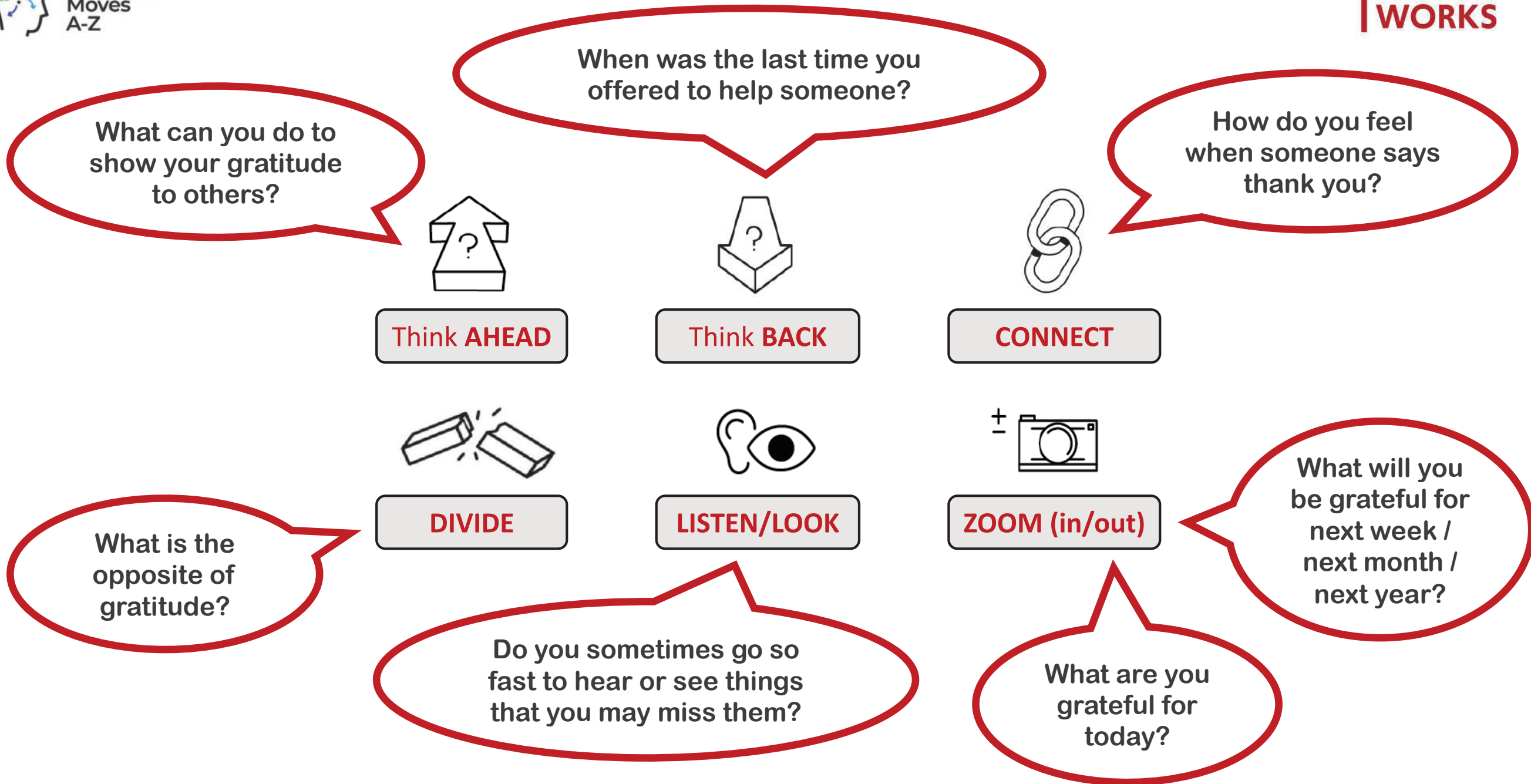


## Creative thinking

How many different ways can you think of to say thank you or show you are grateful?

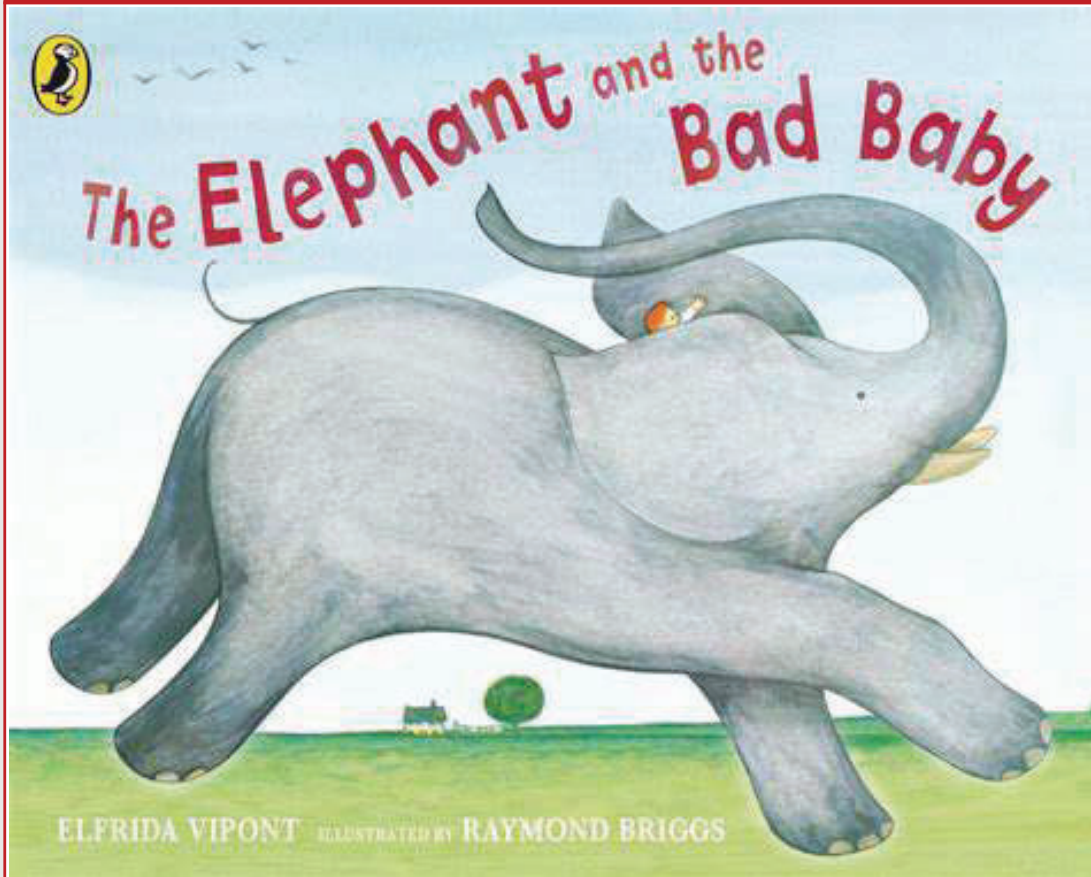
## Critical thinking

What kind of things can showing gratitude lead to?



# Discussion suggestions (age 3 - 5)

## Stimulus



### Story time!

<https://youtu.be/qkaJqJQdZv0>

## Talking Points

Did the baby say *thank you*?

Can you think of any ways the baby could show that it was happy about all the treats?

## Activity

**Gratitude Jar:** <https://youtu.be/OmWmzpjZCn0>  
(10 second clip)

**Make your own gratitude jar.** Re-use a container and write or draw things you are grateful for in your life.



# This week's focus is journeys

Journey - noun (plural **journeys**):

- an act of travelling from one place to another;
- a long and often difficult process of personal change and development.

Life is a journey that must be traveled no matter how bad the roads and accommodations.

Oliver Goldsmith – novelist, playwright and poet

[https://en.wikipedia.org/wiki/Oliver\\_Goldsmith](https://en.wikipedia.org/wiki/Oliver_Goldsmith)

Life is just a journey.

Diana, Princess of Wales

The main thing that you have to remember on this journey is, just be nice to everyone and always smile.

Ed Sheeran – singer/songwriter

[https://en.wikipedia.org/wiki/Ed\\_Sheeran](https://en.wikipedia.org/wiki/Ed_Sheeran)



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# Thinking about journeys in HomeTalk

## Caring thinking

- What should we care most for – the journey or the destination?

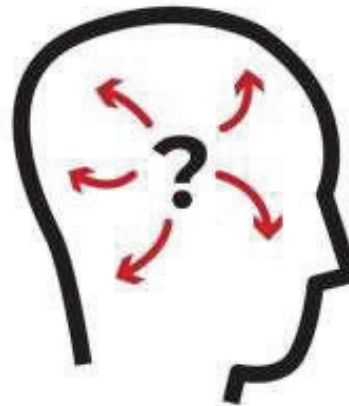


## Collaborative thinking

- Ask someone in your family or school what their favourite journey was, then tell them yours.

## Creative thinking

- Can we turn a daily journey into something more interesting and exciting?



Thinking Moves

## Critical thinking

- Is there a difference between a journey and a trip/outing?

# Thinking Moves



## Think AHEAD

Where will  
your next  
journey take  
you?



## Think BACK

What is the  
longest journey  
you've been  
on?



## CONNECT

Think of two recent  
journeys. How do  
they compare?



## DIVIDE

Make a list of all  
your journeys you  
would say were  
fun.



## LISTEN/LOOK

Listen for the sounds  
on your next journey.



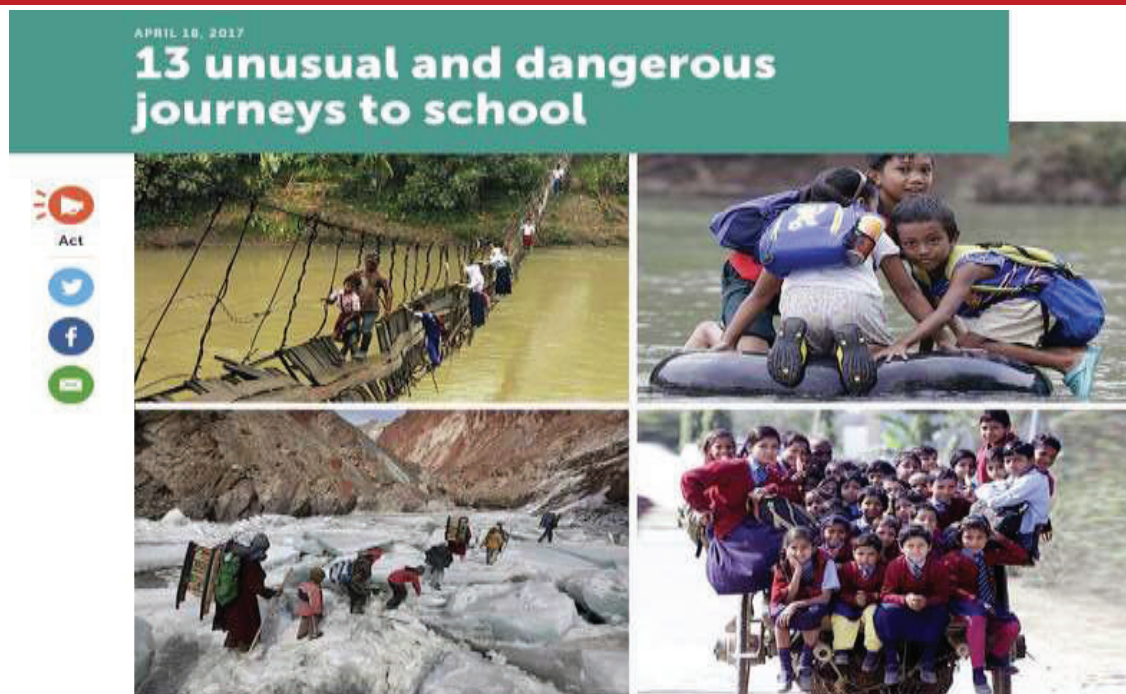
## ZOOM (in/out)

ZOOM in on  
one sound -  
what is it?

ZOOM out –  
was it a noisy  
journey?

# HomeTalk discussion suggestions

For ages 6 – 9 years



<https://theirworld.org/news/most-dangerous-journeys-to-school-in-world>

A range from around the world of quite unbelievable journeys that children take to get to school.

## Talking Points

- LOOK at the images – what do you think the age range is of the children shown?
- Why do you think the children go to such lengths to get to school?
- Is your education like a journey?

## Activity

- Starting at the beginning of your journey to school, think BACK and draw everything you can remember that you pass on the way.
- When you next go to school, take your piece of paper with you and see how much you got right!
- Does your journey CONNECT with any in the article?



# HomeTalk discussion suggestions

For age 10+ years



[https://www.youtube.com/watch?v=aI3UB\\_p3N7c](https://www.youtube.com/watch?v=aI3UB_p3N7c)

A National Geographic short film that details the physical and emotional challenges of a journey to Mars.

## Talking Points

- Given the challenges of such a journey, would you volunteer to go?
- One of the presenters says it is a form of human sacrifice, not a pointless one but in the service of something much greater. What do you think she meant?
- Is this a journey worth taking?

## Activity

- Make a list of all the 'personal journeys' you've taken.
- Which was the most difficult for you?
- Do you have a personal journey you'd like to take but haven't started yet?

# HomeTalk discussion suggestions

## Personal journeys

- We've looked at different kinds of journeys in this edition of HomeTalk
- Some people are on a journey to recovery from 'long Covid' but there are many other difficulties and challenges that people face
- Think AHEAD and BACK are two Thinking Moves that help you on any of your own personal journeys. Think BACK to where you were and think AHEAD to where you want to be.
- Take a look at the documentary clip in this video. How many different types of journey do you think the black jockeys faced?
- <https://www.youtube.com/watch?v=WQgwG89OI0w>

## ...and a fun journey game

- On your next journey with your family, try to be the first one to spot a mini, or a yellow car, or a soft-top car. This is how to score:
- A mini: 1 point
- A yellow car 1 point
- A soft-top 1 point
- A yellow mini 3 points
- A yellow soft top 3 points
- A mini soft-top 3 points
- A yellow mini soft-top 5 points
- Keep score to find the winner!